



## WNY Roller Hockey League Glossary

**Iron Man Tournament** – Although, the format of the tournament itself can vary, in most cases, an Iron Man tournament consists of 24 players and 6 goaltenders. The goaltenders pick numbers (1-6) and then draft through the 24 players. Completion of the draft will result in the formation of 6 teams in which each will play at least 3 round robin games, progress to playoffs, with the remaining two teams competing in the championship game. All games are 15 minutes, run clock. All penalties are penalty shots. There is no mercy rule. The cost for the event varies, depending upon the prize. Sometimes we do a low entry fee (\$15 and no prize), sometimes we offer a \$20 entry fee and the winner get's their money back, or sometimes we do a \$25 Iron Man with the Winner getting \$300. In most cases, we require all players to be at least 16 years of age or older.

**Skills and Drills** – A 1 hour long subset of time allotted for players of all ages to enhance their skills in a fun, laid back manner. The first half of the session is dedicated to developing skill fundamentals in a small group format with the aid of a professional instructor. For the remainder of the session, 2 team captains will be selected and teams will be formed, allowing the participants to test their skills in a scrimmage.

**Open Hockey** – Open Hockey is a more individualized approach at developing skill fundamentals, without the overhead of an instructor. The concept behind open hockey is to allow each player an opportunity to build their skill set at their own discretion of time, on the basis of rink availability, and what they feel needs improvement. The cost is \$7 per session or you can purchase a season pass (season pass prices vary per session). Depending on the number of participants, at times, players divide into teams and engage in a scrimmage to further their development.

**Adult Leagues** – We have many different Adult Leagues and Divisions, with individual or team registration available. Our beginner level, those with little or no inline hockey experience, is the Iron Division, while the Copper Division is for those who have at least one year of consistent inline play. All individual registrations will be placed in the Copper Division. The Bronze Division is considered our intermediate division encompassing a wide variety of talent in a moderately competitive setting. Our Silver Division is our superior division, for those with seasoned skills looking for an ultimate competitive experience. Finally, our Gold Division is for the elite level player seeking intense competition. Most divisions offer multiple nights to play on; please review our “document” section for registration information. All games are 3, 15 minute periods (run clock) with each team getting one time out. If the game is within 2 goals in the last 2 minutes, we switch to stop clock. If the game ends in a tie, we proceed directly to a 3 man shoot-out. All games are entered into a live, web based stat system easily access on our website for individual tracking of game play. At the end of each session, the 1<sup>st</sup> and 2<sup>nd</sup> place teams will be awarded prizes, with individual award recognitions handed out throughout the duration of the session.

**Youth Leagues** – One of the most focused portions of our organization is our Youth Leagues. We offer divisions from 8u, 10u, 12u, 14u, 16u, with individual and team registration available. All Youth players receive a complimentary jersey as part of their registration fee. Every youth team is required to have a coach; individual teams will be assigned a coach if needed. Please review our “document” section for registration information. All games are 3, 15 minute periods (run clock) with each team getting one time out. If the game is within 2 goals in the last 2 minutes, we switch to stop clock. If the game ends in a tie, we proceed directly to a 3 man shoot-out. All games are entered into a live, web based stat system easily access on our website for individual tracking of game play. At the end of each session, the 1<sup>st</sup> and 2<sup>nd</sup> place teams will be awarded prizes, with individual award recognitions handed out throughout the duration of the session.

**Travel Teams** – The Buffalo Wings Travel teams compete across the country in various Narch and Torhs Regional tournaments, which in many circumstances qualify team for the National Championships. Revision Hockey is the Buffalo Wings major sponsor and all players are entitled to discounted wheels, bearings, sticks, skates, jerseys, and pants. Most tournaments are within driving distance, with some requiring hotel stays.

**Learn to Play Program** – The WNY Hockey League’s Learn to Play program was officially launched in the summer of 2009. With tremendous help and efforts from Gina and Wendell Smith, the program has seen tremendous growth and popularity. We accept kids aged 3 - 16 year olds in this program. The program is FREE and only requires you to obtain WNY Roller

Hockey Membership (\$30). Learn to skate, stick handle, shoot, stop and more. Our experienced and caring staff provides a great learning atmosphere for your children.

**Beginner League** – The Beginner league has been used as a progression to the Learn to Play program. Once players have participated in the LTP program, they are eligible to advance to this league.

**Buffalo Wings Cup** – Our annual Buffalo Wings Cup tournament is held in August, either at the Northtown Center at Amherst or at the Kenan Center. We offer multiple divisions from 10u - Adult Gold levels. Awards are presented to the 1<sup>st</sup> and 2<sup>nd</sup> place teams in each division, as well as individual awards presented to the top scorer, top goalie, and championship game MVP in each division. The tournament lasts one weekend (Friday evening – Sunday evening). All teams are required to arrive AT LEAST one half hour prior to the scheduled game time, as games can start early due to the 8 goal mercy rule (once a team gets an 8 goal lead on their opponent, at any point of the game, the game is over).

**Holiday Cup** – Our annual Holiday Cup tournament is held in December, at the Kenan Center. We offer multiple divisions from 10u - Adult Gold levels. Awards are presented to the 1<sup>st</sup> and 2<sup>nd</sup> place teams in each division, as well as individual awards presented to the top scorer, top goalie, and championship game MVP in each division. The tournament lasts one weekend (Friday evening – Sunday evening). All teams are required to arrive AT LEAST one half hour prior to the scheduled game time, as games can start early due to the 8 goal mercy rule (once a team gets an 8 goal lead on their opponent, at any point of the game, the game is over).

**Narch Regional Tournament** – We host a Narch Regional tournament in June, allowing each team to qualify for the National Championships, which are held in July at a designated location (usually a different location each year). The tournament lasts one weekend (Friday evening – Sunday evening). All teams are required to arrive AT LEAST one half hour prior to the scheduled game time, as games can start early due to the 8 goal mercy rule (once a team gets an 8 goal lead on their opponent, at any point of the game, the game is over).