

WNY

ROLLER HOCKEY LEAGUE

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WESTERN NEW YORK

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EQUIPMENT REQUIREMENTS

MANDATORY

	HELMET –	HECC Approved Helmets Only
	FACE PROTECTION –	• Full Face Protection (cage or full shield) required for any players under 18 years of age. • Half Shields only allowed for players 18 years of age or older in ADULT League only! • Mandatory for all players who are 18 but play in our 18u leagues
	HOCKEY GLOVES –	Only approved Hockey Gloves
	PROTECTIVE CUP –	Highly Recommended
	HOCKEY SHIN GUARDS –	Only Approved Shin Guards
	SKATES –	• Inline Skates only – Indoor • All Skates must be rink safe • Skates with missing or severely worn wheels will not be allowed • No brake allowed • Must have indoor wheels
	HOCKEY STICK –	Wood, Aluminum or Graphite sticks are allowed
	INLINE HOCKEY PANTS –	Inline Pants, Sweat pants or Pajama Pants are acceptable. We also suggest using a protective girdle.
	ELBOW PADS –	Only Hockey approved elbow pads allowed



★ **PLAY HARD. PLAY SAFE. HAVE FUN!** ★